

Application form: ensa Instructor Training

First name:			
Surname:			
Date of birth: (dd.mm.yyyy)			
Email:			
Phone number:		Mobile phone number:	
Address: Street:			Street number:
Country, Postal code, City:			

Organisation / Company:			
Function:			
Email :			
Phone number (Bus.):		Mobile phone number (Bus.):	
Address (Bus.): Street:			Street number
Country, Postal code, City:			

Language skills (fluent):	<input type="checkbox"/> German <input type="checkbox"/> English <input type="checkbox"/> French <input type="checkbox"/> Italian <input type="checkbox"/>
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Application for

Training location/ Date:	Training-location: Start Date of training:
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Ensa first aid course attended:

Course information	Course-location: Start Date of first aid course:
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Note:

- Your information will be treated confidentially
- Your application will remain at the Pro Mente Sana foundation

Question 1

The ensa course (first aid for mental health) is aimed at interested adults in society or in companies / organisations. We would like to learn more about your experiences and expertise, which qualify you to lead such a course as an ensa instructor.

1a.

What experiences and/or qualifications do you have in dealing with people with mental disorders and their treatment? Your answers should demonstrate that you are knowledgeable about mental disorders, their treatment and the corresponding services and help offers or are willing to acquire this knowledge.

Answer (max. 200 words):

1b.

What experiences and/or qualifications would make you a competent instructor (also in terms of good teaching, communication as well as social competence)?

Answer (max. 200 words):

1c.

Do you have any other experience or qualifications that could enrich your ensa instructor profile?

Answer (max. 200 words):

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1d.

Please list your most important degrees and relevant further education:

Qualification:

Institution:

Year received (yyyy):

Qualification:

Institution:

Year received (yyyy):

Qualification:

Institution:

Year received (yyyy):

Question 2

Do you work in an organisation, which will support or deploy you as an ensa instructor in the long-term.

Answer (yes / no)

	<i>Organisation:</i>
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Question 3

Are there any target groups that you are specifically interested in training in Mental Health First Aid? If so, which ones?

Answer (max. 250 words):

Question 4

The objective of the ensa course, among other things, is to reduce the stigmatisation of people with mental health problems. In your opinion, which factors are responsible for the negative attitudes that many people have towards psychological issues?

Answer (max. 200 words):

Question 5

In your opinion, which are the most important qualifications required in order to be able to run an ensa course as an ensa instructor?

Answer (max. 100 words):

Question 6

What are the three main reasons that motivate you to be an ensa instructor?

Answer:

Question 7

What would you do if a participant in one of your ensa courses experiences a psychological crisis?

Answer (max. 150 words):

Registration

In order to apply for an ensa instructor training, please upload

- [This completed form](#)
- Your short CV (max. 2 pages A4)

In pdf-format on the website www.ensa.swiss/en/instructors/course/ under „Applying“

Approximately 4 week before the beginning of training we inform the applicants via email about their acceptance or rejection.

Upon payment of the invoice sent following acceptance to the training, the participant recognises that the documents used in the ensa instructor training are intellectual property of the Pro Mente Sana Foundation and without written permission may neither be copied nor made available to other persons or organisations.

Contact

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